Child Care
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  • Sexual Assault
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  • Shelter Services
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Child Care:

Child Care Resources of King County (in English, Vietnamese, Cambodian, Somali, Spanish, Russian)
http://www.childcare.org/

Services Provided: CCR helps families in challenging situations find answers to child care questions. Parents who work evenings or weekends, children with special needs, families struggling to manage the cost of care and homeless families can all find personalized and in-depth information, referrals and help here on this website and by calling our office at the contact information at the bottom of this page.

Counseling and Mental Health Services:

Ruth Dykeman Children’s Center
http://www.rdcc.org/

Services Provided: State Certified Drug and Alcohol Outpatient Treatment and Prevention Programs, Family Reconciliation and Preservation Services, Parent Child Interactive Therapy, Aggression Replacement Training.

Administration Offices & Residential Treatment Facilities
1033 SW 152nd Street
Seattle, WA 98166
(206) 242-1698

Youth and Family Services Branch
137 SW 154th St
ESL/Adult Education:

Highline Community College and TSD
http://www.tukwila.wednet.edu/index.php?option=com_content&&task=view&id=429&Itemid=558
Services Provided: Adult ESL classes provided in the evenings. Classes at Foster High school rooms 111-114, Monday through Thursday, 6-9 PM. Childcare provided.

King County Library System
www.kcls.org
Services Provided: Adult ESL classes provided in the evenings. Classes vary by location; located all over King County.

Food Services:

Kent Food Bank
http://www.skfc.org/kentfoodbank/
Services Provided: The Kent Food Bank is one of the larger food banks in South King County. Clients may visit monthly for food, clothes and Government commodities and weekly for perishable items. Homeless individuals/families may visit weekly for special quick or "no cook" bags. Limited financial assistance for help with basic needs, such as housing/shelter, utility bill or medicine.

515 W Harrison St. Suite 107
Kent, WA 98032
(253) 520-3550

Tukwila Pantry
http://www.tukwilapantry.org

Services Provided: This food bank is open Monday's and Wednesday's from 1:30pm to 3:45pm and Saturday's from 12:00pm to 2:15pm. Tukwila residents are welcome. Bring photo ID and a current utility bill showing address.

3118 S. 140th St.
Tukwila WA 98168
206-431-8293

Health Care

Community Health Centers
http://www.chckc.org/

Services Provided: Primary Medical Care, Dental Care, and Community Services; provides comprehensive primary medical care to un/under insured residents. Sliding fee scale is available for services including adult & geriatric health care, physicals and annual exams, discounted pharmacy,
preventive care, routine dental exams and treatment and cleaning help in obtaining access to state-funded medical assistance programs, Nursing and counseling services in homeless shelters and transitional housing programs.

**Kent Community Health Center**
403 E. Meeker St., Suite 200
Kent, WA 98030
Phone: 253-852-2866
Open Monday & Tuesday 8am-8pm, Wednesday thru Friday 8am-5pm

**Renton Community Health Center**
200 S. 2nd St.
Renton, WA 98055
Phone: 425-226-5536
Open Monday 8am-7pm, Tuesday thru Friday 8am-5pm

**SeaTac Community Health Center**
4040 S. 188th St., Suite 201 (2nd floor of the Community Services Building)
SeaTac, WA 98188
Phone: 206-277-7200
Open Monday and Wednesday thru Friday 8am-5pm, Tuesdays 8am-7pm

Tyee Campus Health Center
4424 S. 188th St.
SeaTac, WA 98188
Phone: 206-444-7746
Open Monday thru Friday 8am-4pm

**Housing/Homeless/Shelters**

**South King County Youth Shelter**
Located in Auburn.
Operated by Auburn Youth Resources
816 F Street SE
Auburn, WA 98002
253-939-2202

**The Shelter**
Located in South Seattle.
Operated by YouthCare
2500 NE 54th St.
Seattle, WA 98105
206-694-4500
www.youthcare.org

**Hopelink**
Transitional Family Housing, Emergency Family Shelter, First Month’s Rent, Eviction Prevention
http://hope-link.org/gethelp/housing

**Parenting Classes:**
Apple Parenting Program: 206-764-5801
The program provides parenting assistance for parents of young children.

Baby and Me Program: 206-764-5801
Program for parents and their infants (birth-18 months) focusing on basic care, child development, safety, beginning discipline and stress management.

Tukwila Children’s Foundation
http://www.tukwilachildrensfoundation.org
Services provided: pre-K preparation classes for parents to learn how best to help their children in school, emergency supplies and assistance, references and resource help.

100 Andover Park W
PMB 134, Suite 150
Tukwila, WA 98188
(206) 816-1379

Refugee Resources:

International Rescue Committee
www.theirc.org
Services Provided: Housing, food services, immigration services, resettlement, and social services for refugees.
100 South King Street, Suite 570,
Seattle WA 98104
Phone: 206 623 2105

Refugee Women’s Alliance
www.rewa.org
Services Provided: Advocacy and support for victims; 15 languages spoken. No fees.
4008 M L King Jr Way S
Seattle, WA 98108
Phone: 206-721-0243
TDD: 206-721-5299

Somali Community Services Coalition
http://scscseatac.cfsites.org/
Services Provided: Program provides basic social services including family/youth support, housing assistance, counseling, advocacy, referral, interpretation and translations services. Focus is on refugee/immigrant families
15027 Military Road South
Suites 4-5
SeaTac, WA 98188
(206) 431-5141
Teen Resources, Parenting, and Pregnancy:

AMARA Parenting and Adoption (formerly Medina Children's Services)
Teen Parent Program
Parent education, counseling and support
206-260-1700

Highline Hospital
Services provided: program addresses teen pregnancies (and repeat), STD treatment and reoccurrence, routine health exams, emergency room usage, mental health issues including drug and alcohol use, depression; suicide, homelessness and school drop out.

Youth Health Center: 206-439-9300

Planned Parenthood
http://www.plannedparenthood.org
Services Provided: Contraception, general health care, HIV and pregnancy tests, HPV and hepatitis vaccines, patient information, STD testing and treatment, women’s services.

Seattle Health Center
2001 E Madison
Seattle, WA 98122
800.769.0045

West Seattle Health Center
9641 28th Avenue SW
Seattle, WA 98126
P: 800.769.0045

Kent Valley Health Center
10056 SE 240th #A
Kent, WA 98031
P: 800.769.0045

Pregnancy Aid
Services provided: provides clothing, cribs, car seats and other furniture to new moms. Items are ‘borrowed’ and then returned when no longer needed. They also provide information and referrals to various programs.

730 S 225th St
Des Moines, WA 98198
206-878-3770

Seattle/King County Public Health Department
Best Beginnings Nurse/Family Partnership program
Services provided: Nurse home-visiting program for first-time young mothers (under 21) and their families that offers connections to community resources

206-296-4600
Renton, Kent and Auburn
Transportation:

Metro KC Dart Program

Services provided: Metro's Dial-a-Ride Transit (DART) offers variable routing in some areas within King County. By using vans that can go off regular routes to pick up and drop off passengers within a defined service area, DART service may allow you to arrange for transit service closer to a location. DART does not go door-to-door. It operates on a fixed schedule, but one that has more flexibility than regular Metro Transit buses. Same charge as regular Metro Buses.

1-866-261-DART (3278) (voice), or 1-800-246-1646 (TTY) during the following hours; you may leave a message at all other times:

- Monday through Friday 5:00 a.m. - 11:00 p.m.
- Saturdays: 7:30 a.m. - 9:30 p.m.
- Sundays: 9:30 a.m. - 6:30 p.m.

Bus Buddy Program
http://hope-link.org/gethelp/busbuddy

Services provided: your Bus Buddy will walk you through the steps to plan a trip. You'll learn how to read the bus schedules, how to use the route maps, and how to identify the best route for your trip. If you have access to a computer, you will learn to use the online Trip Planner.

For information please contact:
Lori Ferrin at 425.943.6769
busbuddy@hope-link.org

Translation/Interpretation Services:

Dynamic Language Center www.getdynamic.com
Cost: Variable; $100-$150 for a 1 page piece
Languages: See list at http://www.dynamiclanguage.com/dynamic-languages-translation-services/translation-all-languages.htm
Turnaround: Typically within 24-72 hours
Contact: phone 206.244.6709
Services provided: In person translation/interpreting, document translation

Languages: See list at http://www.lcinterpreters.com/english/LANGUAGES.pdf
Contact: phone (206) 901-9834 or e-mail info@lcinterpreters.com
Services provided: Phone translation, in person translation/interpreting, document translation

Red Cross Language Bank http://www.seattleredcross.org/show.aspx?mi=4033
Languages: Many, depending on available volunteers. For a detailed list, see the http://arc-seattle.axxiomportal.com/custom/11/1124/misc/List_of_Languages_4.2008.pdf
Contact: phone (206) 323-2345 or e-mail info@seattleredcross.org

**World Language Services** [http://www.worldls.com](http://www.worldls.com)
Languages: See list at [http://www.worldls.com/language.htm](http://www.worldls.com/language.htm)
Turnaround: 24-72 hours
Contact: phone (253) 661-7922 or e-mail info@worldls.com
Services provided: Interpreting

**Women’s Services:**

**Refugee Women’s Alliance**
[www.rewa.org](http://www.rewa.org)
Services Provided: Advocacy and support for victims; 15 languages spoken. No fees.
4008 M L King Jr Way S
Seattle, WA 98108
Phone: 206-721-0243
TDD: 206-721-5299

**Northwest Network of Bi, Trans, Lesbian, and Gay Survivors of Abuse**
[www.nwnetwork.org](http://www.nwnetwork.org)
Services Provided: Individual and group support; advocacy for bisexual, transgender, lesbian and gay survivors of domestic violence. No fees.
PO Box 20398
Seattle, WA 98102
Phone: 206-568-7777
TDD: 206-517-9670

**Seattle Indian Health Board**
[www.sihb.org](http://www.sihb.org)
Services Provided: Support for Native American victims of domestic violence. Offers a discount schedule with income verification.
611 12th Ave S
Seattle, WA 98144
Phone: 206-324-9360
TDD: 206-325-7804

**DAWN**
[www.dawnonline.org](http://www.dawnonline.org)
Services provided: 24-Hour crisis hotline, confidential emergency shelter, women’s support groups, legal advocacy, information and referral and community education. No fees.
P O Box 88007
Tukwila, WA 98138
Phone: 425-656-7867
TDD: 425-656-4305
24-Hour Crisis Line: 425-656-7867

**New Beginnings**
**www.newbegin.org**  
Services provided: Support for women in legal procedures. Referrals; groups; parenting support groups. No Fees.

P O Box 75125  
Seattle, WA 98125-0125  
Phone: 206-522-9472

**Eastside Domestic Violence Program**  
**www.edvp.org**  
Services provided: Domestic Violence crisis line, shelter, community advocacy, referrals, support groups and counseling. No fees for most services.

P O Box 6398  
Bellevue, WA 98008  
Phone: 425-746-1940/800-827-8840

**Consejo Counseling and Referral Services**  
**www.consejo-wa.org**  
Services provided: counseling for victims; focus on Hispanic community; medical coupons; private pay, sliding scale.

3808 S Angeline  
Seattle, WA 98118  
Phone: 206-461-4880

**YWCA of Seattle/King-Snohomish County**  
**www.ywcaworks.org**  
Services provided: Emergency shelter, transitional housing and comprehensive services to survivors of domestic violence. Call for fee information.

1118 - 5th Ave  
Seattle, WA 98104  
Phone: 206-461-4888

**YWCA - East Cherry Branch**  
**www.ywcaworks.org**  
Services provided: counseling; help finding shelter; peer support group for African American women. No fees.

2820 E Cherry  
Seattle, WA 98122  
Phone: 206-568-7845

**YWCA – South King County**  
**www.ywcaworks.org**  
Services provided: Rent assistance for residents of King County who have an eviction notice. Advocacy-based counseling and support for victims of domestic violence, in-home education and counseling for children who have witnessed domestic violence. No fees.

1010 S 2nd St  
Renton, WA 98055
King County Coalition Against Domestic Violence  
www.kccadv.org  
Services provided: Conduct training, public education and advocacy activities aimed at ending domestic violence. Call for fee information.  
1419 S Jackson, #103  
Seattle, WA 98144  
Phone: 206-568-5454

Sexual Assault Services:  

**Harborview Medical Center-Center for Sexual Assault and Traumatic Stress**  
1401 E Jefferson, 4th Floor  
Seattle, WA 98122  
Phone: 206-521-1800  
TDD: 206-521-1808  
www.harborview.org  
Crisis counseling, advocacy and medical care for victims of sexual assault. Sliding scale fees, medical coupons, Healthy Options and Medicare.

**Harborview Medical Center-Children’s Response Center**  
1035 - 116th Ave NE, #211  
Bellevue, WA 98004  
Phone: 425-688-5130  
TDD: 425-688-5762  
www.childrensresponsecenter.org  
Comprehensive services to child victims of sexual assault and other traumatic events. Sliding scale fees, medical coupons, Healthy Options and Medicare.

**King County Sexual Assault Resource Center**  
PO Box 300  
Renton, WA 98057  
Phone: 888-998-6423  
www.kcsarc.org/  
24 hour crisis phone for victims of rape or sexual assault. Counseling; referrals. No fees.

**Asian Pacific Islander Women and Family Safety Center**  
PO Box 14047  
Seattle, WA 98114  
Phone: 206-467-9976  
Outreach and education services to prevent victimization by domestic violence, sexual assault and human trafficking. No fees

Batterers Treatment:
Asian Counseling & Referral Services
720 - 8th Ave S, #200
Seattle, WA 98104
Phone: 206-695-7600
TDD: 206-695-7608
www.acrs.org
Youth and adult short-term and long-term outpatient counseling, crisis intervention, case management, chemical dependency treatment, domestic violence treatment and social services in a bilingual, bicultural setting. Counseling fees are based on a sliding scale.

Consejo Counseling and Referral Services
3808 S Angeline
Seattle, WA 98118
Phone: 206-461-4880
www.consejo-wa.org

Family Services
615 – 2nd Ave, suite 150
Seattle, WA 98104
Phone: 206-826-3050
www.family-services.org
State-certified domestic violence treatment program for men and safety planning and resource referral for domestic violence victims. Fees: $15-60 per session

Seattle Mental Health
1600 E Olive St
Seattle, WA 98122
Phone: 206-302-2300/800-828-1449
TDD: 206-302-2209
www.smh.org
Subsidized treatment to low income immigrant and refugee batterers. Accepts medical coupons, Medicare, private pay and private insurance.

Legal Services:

Unemployment Law Project
2800 - 1st Ave, Room 216
Seattle, WA 98101
Phone: 206-441-9178
www.unemploymentlawproject.org
Serves anyone denied unemployment compensation in the State of Washington who is appealing a denial and is facing an administrative hearing. No fees for legal services. Clients are asked to donate one week of benefits or 15% of total benefits if the case is won.

Solid Ground – Family Assistance Program
PO Box 31151
Seattle, WA 98103
Phone: 206-694-6742
TDD: 206-694-6710
www.fremontpublic.org
Helps public assistance applicants and recipients to obtain benefits through TANF, Workfirst, GAU, ADATSA, Food Stamps, Medicaid and medical assistance programs by providing advice, legal representation and referrals. No fees.

Shelter Services:

Contracted agencies provide emergency housing, support and resource information, for victims of domestic violence and their families.

**YWCA – Downtown Emergency Shelter**
1118 - 5th Ave
Seattle, WA 98104
Phone: 206-461-4882
www.ywcaworks.org
Emergency shelter and advocacy-based counseling to survivors of domestic violence, parenting and employment services are available to shelter clients. No fees.

**Salvation Army – Catherine Booth House**
P O Box 20128
Seattle, WA 98102
Phone/TDD: 206-324-4943
www.nwarmy.org
Domestic violence emergency shelter at a confidential location, client advocacy for housing, legal and financial needs. No fees.

**Solid Ground – Broadview Emergency Shelter and Transitional Housing**
PO Box 31151
Seattle, WA 98103
Phone/TDD: 206-299-2500/877-622-3122
www.fremontpublic.org
Shelter with furnished apartments, advocacy-based counseling, domestic violence and parenting support groups, health care, emergency food, clothing and referrals to other services. No fees for shelter.

Transitional Housing Services:

Contracted agencies provide transitional housing, support, resource information, financial resources, interpretive services, crisis intervention, information and referral, counseling, training and education, parenting support and advocacy for victims of domestic violence/sexual assault and their families.

**YWCA – Anita Vista Transitional Housing**
1010 S 2nd St
Renton, WA 98055
Phone: 425-226-1266
www.ywcaworks.org
Transitional housing to homeless women with children who are survivors of domestic violence. No fees.

**Solid Ground – Broadview Emergency Shelter and Transitional Housing**
PO Box 31151
Shelter with furnished apartments, advocacy-based counseling, domestic violence and parenting support groups, health care, emergency food, clothing and referrals to other services. No fees for shelter. Provides transitional housing on a sliding scale based on ability to pay.

Information and Referral Services:

Child Care Resources
1225 Weller St, Suite 300
Seattle, WA 98144
Phone: 206-329-5544
www.childcare.org
Information about licensing procedures for child care providers and information and referral to licensed child care providers in King County. Sliding scale fees are available based on family size and income. Most clients are served without fees.

Crisis Clinic
1515 Dexter Ave N
Seattle, WA 98109
Phone: 206-461-3200
24-Hour Crisis Line: 206-461-3222
www.crisisclinik.org
24-hour crisis line, caregiver information and assistance program, community information line, community resources online, disability information and assistance program, survivors of suicide, teen link and Where To Turn Directories. No fees. $15-30 plus taxes and shipping for directories.

Interpretive Services:

Contracted agencies provide interpretive language services for victims of sexual assault and/or domestic violence.

World Language Services
1911 SW Campus Dr
Federal Way, WA 98023
Phone: 253-661-7922/877-700-7922
www.worldls.com
Provide interpreter services to community-based domestic violence and sexual assault victim service agencies. Call for fee information.

Career and Education:

WWEE (Washington Women’s Employment and Education)
http://www.wwee.org/
Services Provided: REACH Plus (Reaching Employability & Achieving Career Habits) is a program designed to help participants be competitive in the job market and successful in a new career.

515 West Harrison, Suite 208
Kent, WA 98032
(253) 859-3718 (local)

Youth and Family Services:

Renton Area Youth & Family Services
http://www.rays.org/
Services Provided: Child and Family Mental Health and Counseling Services, Youth Substance Abuse Treatment, Emergency Financial Assistance, Parenting Programs, Resource and Referral Services, Holiday Assistance.

1025 S 3rd Street
Renton, WA 98055
425-271-5600

Work Training Programs:

King County Work Training Programs
401 5th Ave, Suite 510
Seattle, WA 98104
206-263-9039

WorkSource
Services provided: WorkSource Renton is King County's oldest and largest one-stop employment and training center, and the only one managed by King County. The center provides a range of comprehensive employment services to both businesses and job seekers. Services include access to employees and employers, computer labs, facilitated job search and career workshops, and individualized employment and training assistance. WorkSource Renton delivers thousands of services a month, exemplifying the national one-stop principles of integration, customer choice, performance accountability, and universal access.

500 SW 7th Street, Suite 100
Renton, WA 98057
206-205-3500

Highline CC WorkSource Connection
http://www.worksourceskc.org/locations/highline_connect.asp
Highline Community College
2400 S. 240th St.
Des Moines, WA 98198-9800
Phone: 206-878-3710
King County Jobs Initiative

Services provided: KCJI provides an intensive four-day Job Readiness Training to all participants. This training helps participants understand and prepare for their transition into training and employment. KCJI Account Executives provide quality case management. This means you work with the same person from enrollment, through your training, and until you have worked on your new job for one year. Job placements are in full-time jobs paying at least $9 per hour, many with benefits.

For information, contact local representative:

Anane Wako
TRAC Associates
545 Andover Park W. Suite 211
Tukwila, WA 98188
phone: 206-574-0863 ext.101
e-mail: anu@tracassoc.com

Cory Montes
TRAC Associates
545 Andover Park W. Suite 211
Tukwila, WA 98188
phone: 206-574-0863 ext. 115
e-mail: cory@tracassoc.com

Keo Soth
Center for Career Alternatives (CCA)
9615 16th Ave SW
Seattle, WA 98106
phone: (206) 957-0684
e-mail: ksoth@ccawa.org

Galmesa Elemo
Center for Career Alternatives (CCA)
9615 16th Ave SW
Seattle, WA 98106
phone: 206-957-4398
e-mail: gelemo@ccawa.org

Kari Atkinson
TRAC Associates
545 Andover Park W. Suite 211
Tukwila, WA 98188
phone: 206-574-0863 ext. 104
e-mail: kari@tracassoc.com

WWEE (Washington Women’s Employment and Education)
http://www.wwee.org/
Services Provided: (for women) REACH Plus (Reaching Employability & Achieving Career Habits) is a program designed to help participants be competitive in the job market and successful in a new career.

515 West Harrison, Suite 208
Kent, WA 98032
(253) 859-3718 (local)